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Understanding Cancer

by Sang Whang

The Japanese classify human diseases into two major categories: contagious diseases and adult degenerative diseases. Contagious diseases are caused by viruses and bacteria, and modern medical science is very much advanced in taking care of them. Adult degenerative diseases are caused by acidic wastes our body generates. The most dreaded disease in this category is cancer, a major cause of death in this country.

There are two theories of cancer development. In 1923, German biochemist, Dr. Otto Warburg (1883-1970), discovered the 'cause' of cancer and received a 1931 Nobel Prize. In his book, The metabolism of Tumors, Dr. Warburg demonstrated that the primary cause of cancer was the replacement of oxygen in the respiratory chemistry of normal cells by the fermentation of sugar. The growth of cancer cells is a fermentation process, which can be initiated only in the relative absence of oxygen. The National Cancer Institute verified Dr. Warburg's theories in the 1950s; however, very little work has been done since then to determine the causes of oxygen deficiency in the human body.

Herman Aihara, in his book, Acid & Alkaline, states that:

"If the condition of our extra-cellular fluids, especially the blood, becomes acidic, our physical conditions will first manifest tiredness, proneness to catching colds, etc. When these fluids become more acidic, our condition then manifests pains and suffering such as headaches, chest pains, stomach aches, etc. According to Keiichi Morishita in his Hidden Truth of Cancer, if the blood develops a more acidic condition, then our body inevitably deposits these excess acidic substances in some area of the body such so that the blood will be able to maintain an alkaline condition.

As this tendency continues, such areas increase in acidity and some cells die; then these dead cells themselves turn into acids. However, some other cells may adapt in that environment. In other words, instead of dying – as normal cells do in an acid environment – some cells survive by becoming abnormal cells. These abnormal cells are called malignant cells. Malignant cells do not correspond with brain function or with our own DNA memory code. Therefore, malignant cells grow indefinitely and without order. This is cancer."

Acid solution has more H⁺ ions than OH⁻ ions. Compared with neutral water of H₂O, acid solution is deficient in oxygen. The opposite is true with alkaline solution. Mr. Aihara does not mention anything about the lack of oxygen; he talks about the acidification of extra cellular fluids that causes cancer. Dr. Warburg states that the primary cause of cancer is the lack of oxygen in a cell, he does not mention anything about acidity, which causes lack of oxygen. Knowing that acidity creates lack of oxygen, both Dr. Warburg and Mr. Aihara are talking about the same environment, except Dr. Warburg deals with the symptoms of acid build-up and Mr. Aihara the cause. I believe that Mr. Aihara hits the nail right on the head.

The German approach is to supply more oxygen to alleviate the symptoms, while the Japanese approach is to reduce acidity, the very cause of cancer, with an alkaline diet. The fact that malignant cancer cells are acidic and healthy cells are alkaline proves that cancer is the result of acidity. Even if the tumors were removed successfully by surgical means, as long as the acidic environment is not changed into an alkaline environment, new tumors will start all over again.

In America, we are now finding out that diet has something to do with cancer. Cancer is caused by excess acid in our body and that acid comes from the food we eat. Cancer is not caused by free radicals, but acid

radicals H⁺, hydrogen ion. Hydrogen ions in an acid solution are not free; they are always mated with negative acid radicals. Please read the article "[The Fallacy of the Free Radical Theory](#)". Mr. H.L. Mencken, speaking about the meaning of life and death stated, "**Life is a struggle, not against sin, not against the Money Power, not against malicious animal magnetism, but against hydrogen ions.**"

Since cancer is caused by excess acidic waste in our body, drinking alkaline water to reduce them is the best cancer prevention method. Alkaline water does not have any nutritional value to give us energy or medicinal value to cure any disease; however, it neutralizes acid and improves blood circulation. With more alkaline blood circulating throughout the body, alkaline blood can inhibit the growth of cancer cells and may even kill existing cancer cells.

Several people reported to me that they applied AlkaLife® solution directly on the skin cancer area and killed cancer cells. I understand that "it hurt like hell and left an ugly red scar"; however, after about 2 weeks new skin grew back, and the cancer did not recur. A more interesting fact is that healthy skin around the cancer did not burn, only the cancerous part burned. Cancer cells are acid-thriving cells and cannot survive in a strong alkaline environment. Conventional treatment of cancer, such as radiation or chemotherapy, kills both cancer and healthy cells, thereby causing more damage.

I do not recommend anyone treating skin cancer with AlkaLife without the supervision of a medical professional. I do hope that the medical industry will conduct controlled test on skin cancer by using strong alkaline solution of varying values of pH to come up with a better cure for skin cancer. The day will come when doctors, knowing the size and the pH value of the tumor, can destroy cancerous tumors by injecting the correct amount of alkaline concentration directly into the tumor, killing the cancer cells without harming the healthy cells.

The concept of retained acid damaging health is not new, neither are efforts to reduce acid in our body for better health. However, when we think of health, we only think of diet and exercise and miss the most efficient and easiest method: alkaline water. One thing to remember is that alkaline water is not destroyed by stomach acid. For proof of this fact, please read the article #3 "Alkaline Water and Stomach Acid".